



The Currents

A Newsletter for Student Organizations

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Check out this week's announcements !!!

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"Great achievement is usually born of great sacrifice, and is never the result of selfishness."

Napoleon Hill

University of Connecticut

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Metanoia on Preventing Violence Against Women!

Thanks to a committed and persistent group of student leaders, the University is holding a Metanoia on Preventing Violence Against Women the week of **Sunday, October 4th** beginning at 4 p.m. through **Friday, October 9th**. Students asked and received approval for this Metanoia after the highly publicized sexual assaults on the Storrs campus last Fall. The date for the Metanoia is the 30 year anniversary of a Metanoia on violence in the community. While UConn has made significant progress on the programs and services that are available in the community to address violence against women, this event is an opportunity for us to have a more critical, reflective, and engaging dialogue about the behaviors, attitudes, and sometimes more subtle biases that contribute to sexual assault, dating/domestic violence, stalking, and sexual harassment. In addition, events are being planned at all of the regional campuses, and collaborations are taking place with the Schools of Law, Social Work, and Medicine. Information about all of the events will be available at the Metanoia website, www.metanoia.uconn.edu.



As we have been talking with various student groups on campus, we have asked four things from them (and would ask the same from you!):

- 1) Check out the website often for information and updates.
- 2) Attend the activities that are planned during the Metanoia.
- 3) Plan activities and programs with their student groups as part of this week.
- 4) If you don't see these discussions on your syllabus for the week of **October 4th**, ask your instructor about it.

Any questions or requests for additional information can be forwarded to metanoia@uconn.edu.

Learn More About Social Entrepreneurship!

Come to the 2009 Guatemala Symposium! During Summer 2009, nine UConn students participated in a study abroad program to Guatemala, where they received an in-depth, crash-course in Social Entrepreneurship. This Symposium will provide a taste of the projects they worked on, a broader cultural understanding, and the impact that the country and its people had on their lives. Learn how to be a part of this study abroad program in 2010 on **Wednesday, October 14, 2009** at 6:30 p.m. in room 127 at the Business School! All undergraduate students are welcome to attend.

Featured Advisor of the Week:

Barry Schreier

Barry Schreier, PH.D., is the Director for Counseling and Mental Health Services. When he's not doing that, he's actively advising the student group, **Active Minds**. Barry believes that getting involved on campus and maintaining a leadership role allows us to feel a sense of worth. He says that interpersonal connections, feeling like we contribute, and pursuing our passions are important to everyone, and involvement gives us the opportunity to reach these goals and increase our self esteem levels. He says, "students also benefit from developing leadership skills while involved in organization which translate well to resumes and job searches." His favorite part of advising Active Minds is "watching such creative, energetic people make their ideas real." He says that he has been able to watch this particular group go from a binder he had in his office to a full-fledged student organization in less than a year. He attributes this success to the students who run the organization and says, "the students keep me 'hip' so I don't get too old too quickly." To those of you faculty members who are considering being an advisor to a student group, Barry has one thing to say, "Involve yourself with an organization in which you also feel the same passion as the students, as that will give it meaning to you as well in addition to getting to work with such thoughtful and committed students."



Showcase Your Advisor!

The Currents is looking to highlight exceptional advisors. If you would like to feature your advisor in The Currents please send your advisors name to student0884@ad.uconn.edu.

Deadline for the next issue of The Currents

The next issue of the Fall 2009 semester will be released on Friday, October 9, 2009. Please have all inclusions for the next issue sent to Michelle at student0884@ad.uconn.edu by **Thursday, October 8, 2009** at noon.

Upcoming USG Funding Session:

Monday, October 5, 2009

To apply for funding from the USG, your organization **must** be a Registered SOLID Tier II Organization and your COO or CFO must attend a **USG Informational Session** once per academic year.

****Funding packets are always due one week before the session. Monday and Thursday sessions are at 11 a.m. and Tuesday and Wednesday sessions are at 2 p.m. All sessions are in SU 221.****

Feel free to contact the Funding Board Chairperson or the USG Office with any questions at 860-486-3708 or email at info@usg.uconn.edu.



Attention Seniors! Graduate School Test Prep!

Practice and preparation are key to a great performance on your graduate school admissions exam. The Princeton Review is holding **Test Fest** on **Saturday, October 17, 2009** and kick off your MCAT, LSAT, GMAT or GRE prep with a free practice test on campus. Tests include the type of questions you'll face on the actual exam, to help sharpen your testing skills, and build confidence. For More information visit the review at Princeton-Review.com/GradTestFest or give them a call at **800-2Review (800-273-8439)**. You could win a trip to your dream Medical, Law, Business or Graduate School! Choosing where to go to school is tough. The right fit means everything. The Princeton Review wants to help you find the best school for your needs by paying for one lucky winner to tour his or her top choice school.

Grand Prize: A trip to a student's Dream Medical, Law, Business or Graduate School, on them! **First Prize:** 2 lucky winners will receive a free classroom or online MCAT, LSAT, GMAT or GRE course. The right score on an entrance exam may be the deciding factor in gaining acceptance to the right school. Their classroom or online courses provide the superior instruction your members need to score higher on Test Day. Our **Dream School Tour Giveaway** ends Friday, **October 16, 2009**. Students can register to win at www.PrincetonReview.com/DreamTour.

Month of Kindness Invites All Student Organizations to Get Involved!

For those who are unfamiliar with **The Month of Kindness**, it is an organization on campus trying to promote diversity and cultural awareness through acts of kindness. The annual Month of Kindness takes place in November and they are hoping to get organizations involved in their events. Last Monday, they had a meeting that was specifically geared toward organizations wishing to be involved with the Month of Kindness. Anyone with questions or who would like to host an event for the Month of Kindness, please email Sarah Maltese at sarah.maltese@uconn.edu by **Friday, October 9, 2009**.

Tip of the Week: Prescription Meds

"Pharming". Pharming refers to taking pharmaceutical drugs for reasons beyond their intended use. Extended use of these drugs can cause serious harm.

- **Percodan.** This pain medication offers a surge of pleasure and a state of gratification. It is highly addictive with serious side effects, including central nervous system damage when mixed with alcohol.
- **Tylenol with Codeine.** This pain reliever can cause a sense of euphoria plus it helps some people sleep. Side effects may include liver damage/failure, dependence, respiratory trouble and more.
- **Dexedrine.** This amphetamine is used to treat narcolepsy, ADD in kids and more. It's addictive with side effects such as paranoia, tics, blurred vision, nausea and more.
- **Ritalin.** Prescribed for ADD and ADHD, this drug is crushed, snorted or injected. It's also highly addictive and can result in psychotic episodes, heart failure and digestive problems, among others.
- **Vicodin.** This pain reliever can dull the senses, relax the muscles and give users a sense of well-being. Over time, it can become both mentally and physically addictive with side effects such as anxiety, decreased mental and physical capacity and more.
- **Valium.** This sedative can reduce anxiety, lower inhibitions and produce feelings of euphoria. It is very habit-forming and can cause cramping, memory loss, convulsion and more.

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