



The Currents

A Newsletter for Student Organizations

VOLUME 5, ISSUE 18

FEBRUARY 13, 2009

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"You have not lived a perfect day, unless you have done something for someone who will never be able to repay you."

Ruth Smeltzer

University of Connecticut

Department of Student Activities

Involvement Office

Student Union Room 302

www.getINVOLVED.uconn.edu

Phone: (860) 486-3423

Check out this week's announcements !!!

Upcoming USG Funding Session:

Monday, February 23, 2009

To apply for funding from the USG, your organization **must** be a Registered SOLID Tier II Organization and your COO or CFO must attend a **USG Informational Session** once per academic year.

****Funding packets are always due one week before the session. All sessions are at 6pm in SU 324.****

Feel free to contact the Funding Board Chairperson or the USG Office with any questions at 860-486-3708 or email at info@usg.uconn.edu.

Or stop by the office (SU Room 219)

International Center Presents: Coffee Hour Series!

The schedule is Wednesdays from 2 - 4 p.m. at The International Center

- **Wednesday, February 18, 2009** - "Where the Student Body Develops"
Presentation by: Jay Frain, Nigel Roberts & Sylvia Chan, Dept. of Recreation Services
- **Wednesday, February 25, 2009** - "Public Safety"
Presentation by: Officer Ryba, UConn Police Department

For information contact: laurie.tompkins@uconn.edu

Hawley Armory Fitness & Wellness is offering classes taught by experienced dancers!

- **Tuesdays 6-7 p.m.: Hip Hop 1**
For the beginner- you will learn the moves and have a great time
- **Wednesdays 5-6 p.m.: Techniques**
For dancers that already have dance experience. Focuses on working and improving dancing techniques, including turning, leaping and other fundamentals of dance.
- **Thursdays 6-7 p.m.: Hip Hop 2**
A little more advanced than Hip Hop 1- come ready to dance!

Classes cost \$70 per class. Discounts for each additional class. Classes begin Tuesday, February 17 but you can join anytime at prorated prices!

For more information:
hawleyarmory@uconn.edu
or call 486-5975.



Advisor of the Week: Kate Durant

Kate is the Club Sports Coordinator here at UConn in the Student Activities Department. She's responsible for advising 39 different sports teams. She believes that student involvement allows students the opportunity to learn responsibility, life skills and become well-rounded individuals. Kate particularly enjoys being kept on her toes. She says that students are always willing to try something new and it's challenging sometimes to figure out how to help them do just that. Kate finds the most rewarding part about being an advisor is being asked to write tons of recommendation letters. She says "It is nice to know that students that you have worked with and advised are now graduating and going on to grad schools and jobs and have really respected and appreciated the work that you have done for them..." Her advice to any faculty or staff members who are considering becoming an advisor is that it's a great experience that allows you to get involved with the community of UConn and it feels good when students respect you when you're honest with them and appreciate that you try to give them the best advisement.



Showcase Your Advisor!

The Currents is looking to highlight exceptional advisors. If you would like to feature your advisor in The Currents please send your advisors name to student0886@ad.uconn.edu.

Deadline for the next issue of The Currents

The next issue of the Spring 2009 semester will be released on Friday, February 20, 2009. Please have all inclusions for the next issue sent to Michelle at student0884@ad.uconn.edu by Thursday, February 19, 2009.

2009 Student Life Awards: Nominations!!!

Students, faculty, and staff are invited to nominate fellow students, graduate assistants, advisors, student organizations, and other programs for one or more of the 2009 Student Life Awards.

These awards have been developed to recognize student contribution to, and leadership of the University community and beyond. Many awards have been specifically designed to recognize the contributions of undergraduate students at the Storrs campus. The nomination process is simple! Provide the information about you and your nominee, step through the rest of the application, and then click submit! The nominee will be automatically notified of their nomination. **The deadline for nominations is Friday, February 27th.** Award recipients will be recognized during "Leadership Recognition Week" from April 13th - April 17th, 2009. The 2009 Student Life Awards will be on April 17th at 4:00 p.m. in the Student Union Ballroom. To find out more about the 2009 Student Life Awards and to make a nomination visit www.leadership.uconn.edu (click on 'Student Life Awards'). For more information please E-mail Elizabeth.Santos@uconn.edu.



HuskyTHON Gears Up to Benefit CCMC!

The annual event hosted by the students of the University of Connecticut will commence on **February 21 to February 22, 2009** in the Greer Field House. All the money raised during the event goes to supporting the patients of Connecticut Children's Medical Center, located in Hartford, CT. Many organizations have been fundraising for the event and will be hosting mini-fundraisers in the upcoming weeks. Some of these events include: Thursday Night Calzones with Delta Chi, all you can eat calzones, Dips with Delta Zeta, Midnight Snacks with Pi Beta Phi, and the list goes on (there is a small entrance fee at the door for these events, in order to support their fundraising efforts). Please come and support the students of the University of Connecticut as they give back to the state and the children who need their help the most! To show your support for those HuskyTHON dancers feel free to donate or come and join us the night of the event!

For more information, contact **Jessica Budnick** at (203) 733-1898 or log on to <http://www.huskython.com>.

Alcoholics Anonymous Comes to UConn!

AA will have meetings every Wednesday on campus beginning on Wednesday, February 18, 2009. Meetings will be in the AOD apartment, South A from 7:30 p.m. to 8:30 p.m. A Mansfield community member will be leading these meetings. Look for AOD's flyers with additional information around campus!

Tip of the Week: The Presentation Speak Easy

- **Make Friends with the Environment.** Get to know the room you'll be speaking in by practicing there, getting comfortable with the microphone, testing the visual aids, etc. Before your presentation, organize the room, write notes on the board, and get ready for what's to come.
- **Breathe.** Even the most confident speakers tend to get butterflies before they're "on". Calming pre-show jitters will help you enunciate your words and delete those speech quirks that can make you appear less assured.
- **Leave Room for Spontaneity.** Writing your entire presentation out, word for word, is one sure way to kill the spontaneity that often engages listeners. Practice your delivery yet also be willing to stray from your "agenda" a bit if the crowd leads you that way..
- **Hook Them with a Headline.** Some speech experts emphasize the importance of grabbing your audience's attention within the first 60 seconds of a presentation. Do so with a headline: a hook that will instantly engage them and make them eager to hear more of what you have to say.
- **Connect with the Audience.** Many speakers get up and scan the crowd. While this may feel like you're making eye contact, actually locking eyes with individuals can be a more effective means of connection, according to presentation trainer Tony Jeary. Jeary emphasizes the importance of making individual eye contact within the first three minutes of your presentation.

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